



cfuw fcfd

Realizing potential. For all women.
Le pouvoir par le savoir.

CFUW Fredericton Newsletter

Contact Information: <http://cfuwfredericton.com/>

CFUW-Fredericton Facebook

Shelley Delano Parker, President sparker@unb.ca

October/November 2023

Welcome to Fall! Although January 1st is the literal start of a new year, for many of us, the fall brings that sense of 'new' for the upcoming season of CFUW activities. We have an energizing, motivating and satisfying schedule of activities planned, starting with a local Healthy Aging event October 14th at Leo Hayes High School. Our General Meeting (hope to see you all there) is scheduled for October 26, 1:30pm at Christ Church Parish Hall. The Program Committee is busy finalizing speakers and events throughout the next few months. We have meeting times and places established for all of us to come together as friends, new acquaintances and as women with a common goal of improving and strengthening situations and lives of others. Please check out our Schedule of Events. To our new members, a big Welcome! I eagerly look forward to meeting you as well as reconnecting with our returning members.

Shelley Delano Parker, PhD,

Picture credit Barbara McMahon



cfuw fcfd

Realizing potential. For all women.
Le pouvoir par le savoir.

A lot has happened over the summer. First of all, CFUW National has a new logo. Please notice the above new logo. The logo represents an open book, representing many colored pages. Text by-line is simple but effective: *Realizing potential. For all women!*

Each year, our most enjoyable task is awarding 16 scholarships to deserving female students. We will highlight several of the scholarship winners in this season's newsletters (see below). We were also able to organize an Open House in September - our last Open House was in 2019. Several scholarship recipients were able to attend in person.

Pictures of the Open House





Several award winners, guest speakers, and CFUW Fredericton members attending the Open House.

Two 2023-2024 Scholarship Winners



CFUW Fredericton Scholarship (\$1000.00)

De-Anne Sack

Metal Smithing - New Brunswick College of Craft and Design



De-Anne (Dee) is a Mi'kmaw cultural knowledge holder, and has recently been given the title of Traditional Elder by many folks from within her home community of Sipekne'katik.

She retired from the RCMP, 2 years ago, and started to attend NBCCD. Dee is a multi-disciplinarian artist who creates a variety of crafts such as stained glass, Mi'kmaq porcupine work, ribbon skirts and regalia. Her most recent area of development is metal smithing.

She is inspired by her Ancestors and determined to preserve the Mi'kmaq culture and the Ancestors legacy for generations through her art and creations.



Congratulations Dee!



**CFUW Fredericton Adult Learner Scholarship
(\$2000.00)**

**LEAH CLOWATER
STU, Fredericton**



Leah was born in Fredericton. After returning to Fredericton from spending time in Calgary and overcoming some personal challenges, she applied to attend STU. Despite her initial doubts, stemming from her academic struggles in high school, she was accepted. Although her university journey has been challenging, she persevered and learned to focus on the present. She has a passion for the arts, particularly electronic music. Leah is proud of the woman she has become.



Congratulations Leah!

CLUB ACTIVITIES

TRUTH AND RECONCILIATION DAY AT SITANSISK

The National Day for Truth and Reconciliation (September 30) honouring residential school survivors and commemorating the children who never made it home was marked by an event at the Sitansisk (St. Mary's First Nation) Powwow grounds on the Wolastoq opposite downtown Fredericton. The Pomawsuwinuwok - All My People - community gathering was open to all and focused on healing and celebrating Indigenous culture and music. Amid a sea of orange T-shirts, local knowledge carriers shared stories, dancers and musicians of all ages performed and neighbours visited artisan market stalls and information booths. Renee Davis, Beth Paynter and Wendy Johnston from the CFUW Fredericton Issues Committee and club Vice President Sharon Crabb attended the event. The importance of educating ourselves, showing up and standing up against injustice was a key message from Judge Marion Buller, Commissioner of the National Inquiry into Missing and Murdered Indigenous Women and Girls, featured speaker at a CFUW National Webinar on October 4th. So much learning and action is still needed. We can look to guideposts on the long road ahead, including the 231 calls for justice in the 2019 final report of the MMIWG Inquiry and the 94 Calls to Action of the Truth and Reconciliation Commission released in 2015.



Wendy Johnston

Monthly Luncheons



The August, September and October luncheon groups.



CFUW-Fredericton Fall Activities

- ✚ Thursday, October 19, Executive Meeting
- ✚ Thursday, October 26 General Meeting starting at 1.30 at the Christ Church (Parish) Church (CCPC) on Westmorland Street. **All are welcome.**
Guest speaker: **Joan Kingston, Chair of the Fredericton Community Action Group on Homelessness.**

Joan Kingston's (BN'78) career pathway as a Registered Nurse is neither linear nor traditional. Rather it reflects her character and the results of numerous initiatives that not only changed peoples' lives but altered the landscape of their communities so others could thrive. Her career accentuates the power of what being a Registered Nurse means. Ms. Kingston joined the UNB Faculty of Nursing in 2011. Once again, she used the incredible skills learned during her time in government to educate nursing students in policy development and lobbying for quality health care. Upon joining the Faculty, she quickly became involved in the UNB Community Health Clinic, an interdisciplinary, nurse-managed facility providing primary healthcare to people without access to primary care, including vulnerable populations in downtown Fredericton. In 2014, she led the establishment the Fredericton Downtown Community Health Centre (FDCHC), a partnership between the University of New Brunswick and Horizon Health Network as a teaching facility that delivers integrated programming where primary health care services, teaching and research are combined.

- ✚ Wednesday, November 1, Monthly Luncheon
- ✚ Tuesday, November 14, Book Club (CCPC)
- ✚ Thursday, November 16, Executive meeting
- ✚ Thursday, November 23, General Meeting (CCPC) Guest speaker TBA
- ✚ Wednesday, December 6, Holiday Luncheon at the Ramada Inn
- ✚ Tuesday, December 12, Book Club (CCPC)
- ✚ Friday, December 15, Happy Yappy.



Celebrations



Marion Leaman, a longstanding member of CFUW-Fredericton, celebrated her 95th birthday this summer. Congratulations Marion.

Lucy Dyer, a longstanding CFUW Fredericton member, celebrated her 90th birthday this summer. Congratulations Lucy!



**YOU'RE WELCOME AT CFUW
FREDERICTON!**

The Fredericton club of the Canadian Federation of University Women welcomes all women with an interest in life-long learning who share our commitment to improving the status of women and girls and making a difference in our communities. Experience the power of women working together while enjoying shared activities. Non-members are welcome to check us out at one of our General Meetings, Book Club gatherings or Luncheon



Socials. Guest speaker Joan Kingston will share her insights on the homelessness crisis in our city at our October 26th General Meeting (short presentation followed by Q & A, from 1:30 to 2:00 pm) at Christ Church Parish Church lounge, 245 Westmorland St. (entrance from parking lot off Charlotte St.). Our Book Club will meet at the same location on November 14 th from 1:30 to 2:30 pm to discuss Kate Quinn's novel, The Rose Code. For more information, please contact Wendy Johnston at wjohnston2149@gmail.com or phone (cell) 506-440-1316.

Wendy Johnston

**Please do not hesitate to invite a friend to join
CFUW-Fredericton!**
<http://cfuwfredericton.com>

This newsletter was prepared by Bo Miedema